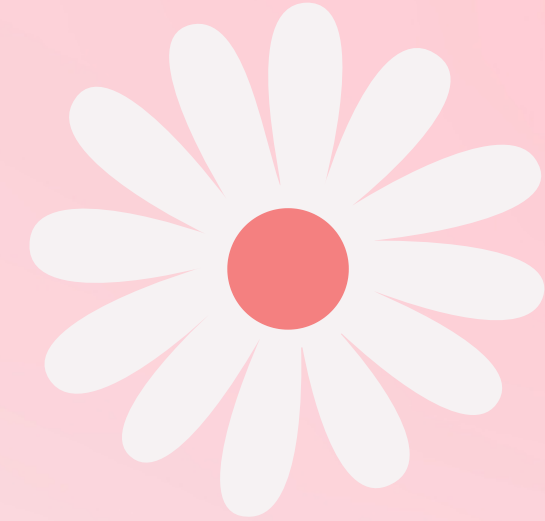




# April



## LEARN HSCNI TRAINING FOCUS FOR APRIL

### Display Screen Equipment Awareness Training

<https://learn.hscni.net/#/access/signin>

All staff are to have completed Display Screen Equipment (DSE) Awareness Training by the end of April 2024.



## WELLNESS FOCUS

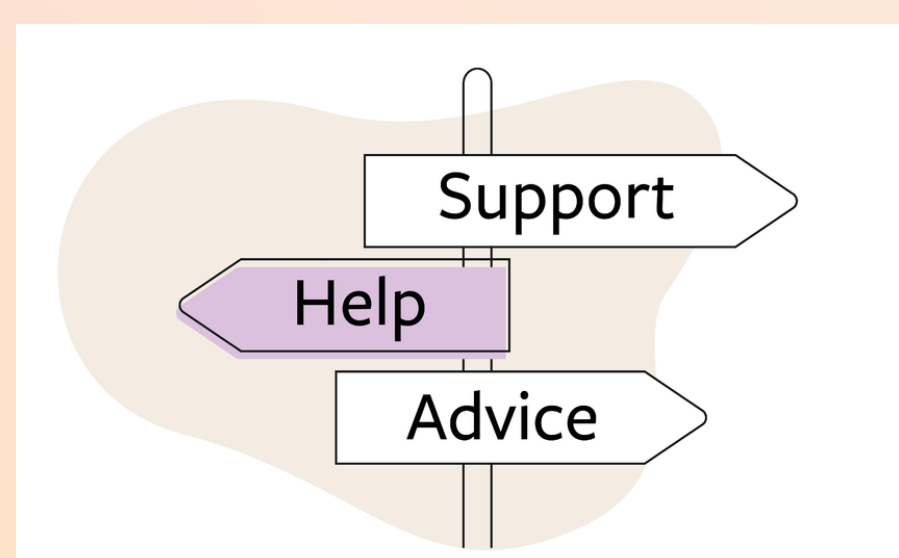


This month try focus on healthy habits that can go a long way in living a healthy and positive life.

Remember that small actions can make a big change.

## IMPORTANT DATES

- **April** - Stress Awareness Month
- **World Health Day** - Sunday 7th April 2024



*A reminder of our Employee Assistance Programme: Health Assured app called Wisdom - Employee code is MHA192107  
Health Assured number - 0800 028 0199*