







### SOUTHERN GP FEDERATIONS 10 YEAR CELEBRATIONS!

The 10-year celebrations were a success - thank you to everyone involved! Director of Operations, Alison Rooney, shared, "We thoroughly enjoyed the celebrations, looking back to see just how far we have come. Our Southern FSU team have been overwhelmed by the support, well wishes and gratitude from our teams, partners, practices, funders, sponsors and MLAs over the past week. Without you all, none of this would have been possible. Here's to the

Without you all, none of this would have been possible. Here's to the next 10 years of <u>#EmpoweringGP</u> to deliver best primary care across Armagh & Dungannon, Craigavon and Newry & District Federations."



Please see Southern FSU socials for pictures of the celebrations, and further updates will be on the website soon! 🎉



Learn HSCNI : <u>https://learn.hscni.net/#/access/signin</u> Please ensure your Learn HSCNI Mandatory Training

is up to date, including the Fire Safety Awareness, which must be renewed annually. If you have any problems accessing Learn HSCNI or any queries regarding the training, please get in touch with the HR Team via <u>hr@southernfsu.co.uk</u>.

# **IMPORTANT DATES**



<u>Check out the Action for</u> <u>Happiness website for the</u> <u>Mindful March 2025</u> calendar





# 7 March: Employee Appreciation Day

Friday 7 March 2025: Employee Appreciation Day THANK YOU

HR, on behalf of your Boards, has sent a little something to show their appreciation - not just on Employee Appreciation Day, but every day. You should all receive this over the next few days. There's a message on socials for you too! THANK YOU FOR EVERYTHING YOU DO!



#### 8 March: International Women's Day (IWD)

The IWD 2025 campaign theme is 'Accelerate Action'. This is a worldwide call to acknowledge strategies, resources, and activity that positively impact women's advancement, and to support and elevate their implementation.

14 March: World Sleep Day

Happy International Women's Day!

Health Shield are passionate about promoting wellbeing in every aspect of life. They have created '4 tips for a restful night's sleep.' You can download it <u>here</u>.

Our Work Well Live Well Health Champions, Patrice McGinn and Kim Tait are promoting a 'Sleep Well March' in the SFSU office and Kim's practice, displaying posters for everyone. Further info can be found on The Sleep Charity <u>website</u>.

#### **SOCIALS NEWS!**

Have you subscribed to the Southern FSU YouTube channel? Keep up to date with new videos being launched each month!





www.youtube.com/@SouthernFSU

Have you joined the members area of the Southern FSU website, and do you follow us on socials? It's a great way to get up to date on what's happening, and we would love to see your da's! What other content would YOU like to see on our social platforms? Feel free to email your suggestions to <u>linda.murphy@southernfsu.co.uk</u>

- www.southernfsu.co.uk (X) @southern\_fsu
- in Southern GP Federation Support Unit

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