









AIR AMBULANCE NI - BELFAST CITY MARATHON **TEAM RELAY & MAY MILES FOR MISSIONS!**

Well done to the Southern FSU team for taking part in the Belfast City Marathon Relay on Sunday 4 May. They have raised a whopping £3.5k for Air Ambulance NI! Please show your support for our fantastic runners by scanning the QR code and sponsoring them!

As per the email from HR on 30 April, this May for National Walking Month we are doing something different to what we have done in previous years, and we're asking you to go the distance for Air Ambulance NI! Let Linda Murphy know you're taking part and your chosen activity/distance by emailing linda.murphy@southernfsu.co.uk. She'll send you all the details to get started.





LEARN HSCNI TRAINING

Learn HSCNI: https://learn.hscni.net/#/access/signin Please ensure your Learn HSCNI Mandatory Training is up to date.

If you have any problems accessing Learn HSCNI or any queries regarding the training, please get in touch with the HR Team via hr@southernfsu.co.uk.

IMPORTANT DATES

Skin Cancer Awareness Month



Check out the **Action for Happiness** website for the Meaningful May 2025 calendar



This year, the Skin Cancer Foundation is raising awareness that #SkinCancerIsPersonal, highlighting how it affects people in many ways, both physically and emotionally. Don't forget to make use of the FREE SkinVision app, available as part of your Health Shield Employee Benefits.

12 May: International Nurses Day

We would like to take this opportunity to thank all nurses for the incredible skilled work they do in caring for their patients on a daily basis. 👏

12-18 May: Mental Health Awareness Week & Wear It Green Day

The Mental Health Foundation and the Newry & District Senior Mental Health Practitioners invite you to join them in celebrating the power of community in supporting good mental health and wellbeing. Further info can be found on the Mental Health Foundation website, and if you would like your picture to be included in a 'Wear It Green Day' collage on Thurs 15 May contact Linda on <u>linda.murphy@southernfsu.co.uk</u>.

SOCIALS NEWS!

Have you subscribed to the Southern FSU YouTube channel? Keep up to date with new videos being launched each month!





www.youtube.com/@SouthernFSU



Have you joined the members area of the Southern FSU website, and do you follow us on socials? It's a great way to get up to date on what's happening, and we would love to see your 👍's! What other content would YOU like to see on our social platforms? Feel free to email your suggestions to <u>linda.murphy@southernfsu.co.uk</u>





